

# **Report of ASC Netball Coaching & Tournament Program 2009**

From 14<sup>th</sup> February to 12<sup>th</sup> April, 2009

**Organized by:**

**Pakistan Netball Federation (PNF)**

**In collaboration with:**

**Australian Sports Commission (ASC)**

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The Pakistan Netball Federation (PNF) have organized ASC NETBALL COACHING & TOURNAMENT PROGRAM 2009 from 14<sup>th</sup> February to 12<sup>th</sup> April, 2009 at six cities of the Country including Karachi, Hyderabad, Sanghar, Islamabad / Rawalpindi, Quetta and Lahore with the collaboration and assistance of Australian Sports Commission (ASC) and Provincials & Districts Netball Associations respectively.

The Pakistan Netball Federation (PNF) focused on the development of the Netball players/teams. The main aim of this programme was to create awareness of basic netball rules, basic coaching, physical fitness & **netball competitions** at grass root levels. Following were the venues:-

<b>S. No</b>	<b>NAME OF CITIES</b>	<b>DATES</b>
1	KARACHI	14-02-2009 TO 17-02-2009
2	HYDERABAD	19-02-2009 TO 21-02-2009
3	SANGHAR	23-02-2009 TO 25-02-2009
4	ISLAMABAD / RAWALPINDI	03-03-2009 TO 05-03-2009 (Cancelled due to security problems)
5	QUETTA	17-03-2009 TO 18-03-2009
6	LAHORE	11-04-2009 TO 12-04-2009

## KARACHI:

The 1<sup>st</sup> Session of ASC Netball Coaching & Tournament Program 2009 was held at Women Sports Complex, Gulshan-e-Iqbal, Karachi from 14<sup>th</sup> to 17<sup>th</sup> February, 2009. Mr. Iqbal Nawaz, Director of Sports, CDGK was the Chief Guest in Opening ceremony. About 400 Girls / Players (U-19) from different schools, colleges & universities of Karachi City participated in this program. Besides this, about 60 Sports Teachers, P.T. Instructors, and Coaches also participated.



The technical experts, coaches and instructors of PNF including Mudassar Arain, Maqbool Ahmed, Khalid Parvaiz, Yasir and Sohail Ahmed delivered lectures with multimedia projector and also demonstrated on ground, practically to the participants. The female players also physically practiced in the grounds by playing the netball matches.

The 22 netball teams (female) got registered and participated in this ASC tournament. The tournament was conducted on knock out basis.



The final match was played between The City School, North Nazimabad team and The City School, PAF Chapter team. The City School, Nazimabad won the match by 19-13 goals and declared the champion. Ms. Umama Qadri of Nazimabad showed outstanding performance by securing 13 goals.

**FINAL RANKING**

1 <sup>ST</sup> POSITION	The City School, North Nazimabad
2 <sup>nd</sup> POSITION	The City School, PAF Chapter



Mrs. Rehana Saif, E.D.O , Community Development Department, CDGK was the Chief Guest in Closing Ceremony who distributed the Trophies, Certificates among the winner & runner up team as well as Netball Poles, balls, bibs & literatures handed over to Mr. Aijaz ul Haq, Secretary, Karachi Netball Association provided by Australian Sports Commission (ASC). In the end Mr. Mudassar Arain, Secretary, PNF Specially thanked Australian Sports Commission for support. In this occasion Mr. Iqbal Nawaz, Director of Sports, CDGK, Mr. Saleem Paracha, Secretary, Sindh Badminton Association, Mr. Abdul Nasir, Secretary, Sindh Basketball Association, & Mr. Muhammad Arshad Siddiqui, Rep: of Sindh Throwball Association were also present.

### **HYDERABAD:**

The 2<sup>nd</sup> Session of ASC Netball Coaching & Tournament Program 2009 was held at Shah Latif Girls College, Latifabad no.6, Hyderabad from 19<sup>th</sup> to 21<sup>st</sup> February, 2009. Engr. Sabir Ahmed Kaimkhani, Nazim Latifabad Town was the Chief Guest in Opening ceremony. About 300 Girls / Players (U-19) from different schools & colleges of Hyderabad City participated in this program. Besides this, about 40 Sports Teachers, P.T. Instructors, Coaches also participated.

The technical experts, coaches and instructor of PNF including Abdul Razzak Arain, Mudassar Arain, Khalid Parviaz, Maqbool Ahmed, Shoail Ahmed & Yasir delivered the lectures with

multimedia projector and also demonstrated. The girl's also physically practiced in the ground by playing the netball matches.





The 16 netball teams (female) got registered and participated in this ASC tournament. The tournament was conducted on knock out basis.

The Final Match was played between Shah Latif Girls College team and Degree Girls College team. The Shah Latif Girls College won the match by 17-07 goals and was declared as champion. Ms. Quratul An of Shah Latif shows the outstanding performance and she scored 12 goals.



## FINAL RANKING

1 <sup>ST</sup> POSITION	Shah Latif Girls College, Latifabad
2 <sup>nd</sup> POSITION	Degree Girls College, Latifabad



Mr. Ghayasddin Rashidi, Additional Inspector General of Police, Hyderabad Range was the Chief Guest in the Closing Ceremony who distributed the Trophies, Certificates among the winner & runner up team as well as Netball Poles, balls, bibs & literatures handed over to Ms. Aisha, Secretary, Hyderabad Netball Association provided by Australian Sports Commission (ASC). In the end Mr. Abdul Razzak Arain, Chairman, PNF Specially thanked to Australian Sports Commission for supports. In this occasion Mr. Mudassar Arain, Secretary, PNF, Mr. Mazoor ul Haque, President, Pakistan Throwball Federation, Mr. Ghufuran Ali Rajput, Secretary, Hyderabad Athletic Association & Ms. Rana Borohi (DPE) were also present.

### SANGHAR:

The 3<sup>rd</sup> Session of ASC Netball Coaching & Tournament Program 2009 was held at Govt. Girls High School, Sanghar from 23<sup>rd</sup> to 25<sup>th</sup> February, 2009. About 150 Girls / Players (U-19) from different schools & colleges of Sanghar City participated in this program. Besides this, about 20 Sports Teachers, P.T. Instructors, Coaches also participated.



The technical experts, coaches and instructors of PNF including Mudassar Arain, Khalid Parvaiz, Maqbool Ahmed, Sohail Ahmed & Yasir delivered lectures with multimedia projector and also demonstrated on ground. The girl players also physically practiced in grounds by playing in the netball matches.



The 08 girl netball teams got registered and participated in this ASC tournament. The tournament was conducted on knock out basis.



The Final Match was played between Govt. Girls High School, Sanghar team and Govt. Girls High School, Shahdadpur team. The Govt. Girls High School, Sanghar won the match by 4-2 goals and was declared as champion. Ms. Rahia Bibi of Sanghar shows the outstanding performance.

### **FINAL RANKING**

1 <sup>ST</sup> POSITION	Govt. Girls High School, Sanghar
2 <sup>nd</sup> POSITION	Govt. Girls High School, Shahdadpur



Mr. Abdul Razzak Arain, Chairman, PNF was the Chief Guest in Closing Ceremony who distributed the Trophies, Certificates among the winner & runner up team as well as Netball

Poles, balls, bibs & literatures handed over to Mr. Muhammad Arshad, Secretary, Sanghar Netball Association provided by Australian Sports Commission (ASC). In the end Mr. Mudassar Arain, Secretary, PNF Specially thanked to Australian Sports Commission for their support.

**ISLAMABAD / RAWALPINDI: (CANCELLED)**

The 4<sup>th</sup> Session of ASC Netball Coaching & Tournament Program 2009 at Post Graduate Girls College, 6-Road, Satellite Town, Rawalpindi from 3<sup>rd</sup> to 5<sup>th</sup> March, 2009 was cancelled due to law in order/ security problem in the Rawalpindi / Islamabad. The decision to drop Rawalpindi/ Islamabad was taken by President, PNF Mr. Zafar Iqbal Awan with the concurrence of the members.

**QUETTA:**

The 5<sup>th</sup> Session of ASC Netball Coaching & Tournament Program 2009 was held at Govt. Girls College, Quetta Cantt from 17<sup>th</sup> to 18<sup>th</sup> March, 2009. About 200 Girls / Players (U-19) from different schools & colleges of Quetta City participated in this program. Besides this, about 30 Sports Teachers, P.T. Instructors, Coaches also participated.



The technical experts, coaches and instructor of PNF including Mudassar Arain, Khalid Parviaz, Maqbool Ahmed, Shoail Ahmed & Yasir delivered lectures with multimedia projector and also demonstrate on ground practically to the participants. The girl players also physically practiced in the grounds by playing the netball matches.



The 08 female netball teams got registered and participated in this ASC tournament. The tournament was conducted on knock out basis.

The Final Match was played between Govt. Girls College, Quetta Cantt team Govt. Girls College, Jinnah Town team. G.G.C. Quetta Cantt won the match by 11-02 goals and got declared as champion.

### **FINAL RANKING**

1 <sup>ST</sup> POSITION	G.G.C. Quetta Cantt
2 <sup>nd</sup> POSITION	G.G.C. Jinnah Town

Ms. Raheela Durrani, Minister of Environment, Govt. of Baluchistan and Mr. Shafique Ahmed Khan, Minister of Education, Govt. of Baluchistan were the Chief Guest and guest of honour respectively in Closing Ceremony who distributed the Trophies, Certificates among the winner & runner up team as well as Netball Poles, balls, bibs & literatures handed over to Syed Toqeer Ahmed, Secretary, Baluchistan Netball Association provided by Australian Sports Commission

(ASC). In the end Ms. Raheela Durrani, Minister of Environment, Baluchistan Specially thanked to Australian Sports Commission and Pakistan Netball Federation for their support.



### **LAHORE:**

The 6<sup>th</sup> Session of ASC Netball Coaching & Tournament Program 2009 was held at Lahore Grammar School, 55-Gulbrag, Lahore from 11<sup>th</sup> to 12<sup>th</sup> April, 2009. About 200 Girls / Players (U-19) from different schools, colleges, Universities of Lahore City participated in this program. Besides this, about 40 Sports Teachers, P.T. Instructors, Coaches have participated. The technical experts, coaches and instructors of PNF including, Mudassar Arain, Khalid Parvaz, Maqbool Ahmed & Sohail Ahmed delivered the lectures with multimedia projector and also demonstrated on ground. The girl's players also physically practiced in the grounds by playing the netball matches.

The 08 girl netball teams got registered and participated in this ASC tournament. The tournament was conducted on knock out basis.



The 08 girl netball teams got registered and participated in this ASC tournament. The tournament was conducted on knock out basis.

The final match was played between Lahore Grammar School, 55-Gulbreg team and LUMS University team. The Lahore Grammar School (LGS) won the match by 9-3 goals and got declared as champion. Ms. Ruqaiya Saad, Ameena Haroon & Zainab Khan of LGS showed the outstanding performances.



**FINAL RANKING**

1 <sup>ST</sup> POSITION	Lahore Grammar School, 55-Main Gulbreg
2 <sup>nd</sup> POSITION	LUMS University, Lahore

Mr. Mudassar Arain, Secretary General, Pakistan Netball Federation was the Chief Guest in Closing Ceremony who distributed the Trophies, Certificates among the winner & runner up team as well as Netball Poles, balls, bibs & literatures handed over to Mr. Muhammad Rizwan Secretary, Punjab Netball Association provided by Australian Sports Commission (ASC).



## **CONCLUSION**

The Australian Sports Commission (ASC) Netball Coaching & Tournament Program 2009 concluded successfully, which was organized from 14<sup>th</sup> February to 12<sup>th</sup> April, 2009 at different cities of the country. The PNF specially focused on the development of the Netball players and teams. The main aim of this programme was to create awareness of basic Netball Rules, Basic Coaching, Physical Fitness, Netball competitions & Netball Developing. This enhanced the participation of Girls at grass-root levels. The PNF also achieved its targets in identifying the new netball players at different cities through this training & tournament program. Besides this, about 250 Sports teachers, Coaches and P.T. Instructors, nearly 1300 to 1600 Girls / players from different schools, colleges & universities also participated in this coaching / tournament program which can be termed as a great success.

It is further mentioned that many schools and colleges requested to PNF to organize more Netball tournament program in more areas because this program proved very useful for netball player, coaches and Instructors.

Many TV Channels & Newspapers also highlighted this program and projected it throughout Paksitan.

Mr. Zafar Iqbal Awan, President, PNF, Mr. Abdul Razak Arain, Chairman, PNF and Secretary General, Mudassar Arian thanked Australian Sports Commission (ASC) for their generous help, Provincial and District Netball Associations for cooperation besides appreciating the media for extending their hand during the said programme in a befitting manner.

**(Mudassar Arain)**  
Secretary General

**Copy to the following for information: -**

- Mr. Zafar Iqbal Awan, President, Pakistan Netball Federation
- Mark McEillgott, Australian Sports Commission, Australia.
- James McGarry, 3<sup>rd</sup> Secretary (Political), Australian High Commission, Islamabad
- Mr. Abdul Razzak Arain, Chairman, Pakistan Netball Federation
- Mr. Abdul Khaliq Khan, Secretary General, Pakistan Olympic Association.
- Syed Ameer Hamza Gillani, Director General, Pakistan Sports Board, Islamabad.
- All Office Bearers of PNF.
- All Affiliated units of PNF.